

2022

OFFICIATING AND COACHING (ELECTIVE)

Paper: EC-102

Full Marks:70

The figures in the margin indicate full marks.

*Candidates are required to give their answer in their own words
as far as practicable.*

Answer the following questions.

1. Define Sports Coaching. Write down the objectives of Officiating. Discuss the principles of officiating. 3+5+7

Or

What do you mean by officiating in sports? Explain the relation between officials, players and spectators. Describe the measures of improving the standards of officiating. 4+5+6

2. Define the philosophy of coaching in sports. Explain the relation of the coach with management and players. Discuss the duties of a coach in pre, during and post-game period. 3+4+8

Or

Describe the psychological aspects of competition and coaching in sports. What are the responsibilities of a good coach on and off the field? 7+8

3. Explain the duties of officials in general. Draw the diagram of a Volleyball court with all measurements. Write down the functions of the technical manager in Track & Field. 5+5+5

Or

Describe the modern technologies used in officiating. Draw a diagram of a badminton court with all measurements. Write down the characteristics of a standard athletic track. 5+5+5

4. Write short notes on ***any two*** of the following 7.5×2
- a) Qualities and required qualification of a coach.
 - b) Eligibility of a team to participate in the FIFA World Cup.
 - c) Eligibility rules of Inter-University Tournaments.
 - d) Integrity and values of sports.

5. Select the correct option from the following MCQs and write the same on your answer script
(*any ten*): 1x10

- a) While preparing the rules and regulations of games and sports, the measures to be taken into consideration are:
(i) Safety (ii) Security (iii) Enjoyment (iv) All of these
- b) At the time of officiating, officials have to maintain a cordial relation with :
(i) Players (ii) Spectators (iii) Co-officials (iv) All of these.
- c) The name of the International Governing body of Track & Field is:
(i) IAAF (ii) World Athletic (iii) FIFA (iv) International Athletic Federation
- d) Angle of Plasticine indicator in Running Broad Jump is:
(i) 45° Angle (ii) 60° Angle (iii) 90° Angle (iv) 120° Angle
- e) The length of take over zone in 4 X100m relay race is :
(i) 10 m (ii) 20 m (iii) 30 m (iv) 40 m
- f) Which of the following term is not related with Gymnastics?
(i) Artistic (ii) Acrobatic (iii) Rhythmic (iv) Aquatic.
- g) How many officials are required to conduct a Kho-Kho match?
(i) 5 (b) 6 (iii) 7 (iv) 8
- h) The term 'LETS' is used in:
(i) Track & Field (ii) Basketball (iii) Volleyball (iv) Badminton.
- i) The dimension of a Basketball court is :
(i) 28 X 15m. (ii) 28 X 15yds (iii) 28 X 15ft (iv) 26 X 15m
- j) In men's Volleyball court, height of the net at the middle is :
(i) 2.44m (ii) 2.43m (iii) 2.45m (iv) 2.42m
- k) Video assistant referee (VAR) is involved in which game?
(i) Football (ii) Basketball (iii) Badminton (iv) Cricket
- l) While analyzing the performance of a player as a whole, a coach needs the knowledge of :
(i) Biomechanics (ii) Sports Psychology (iii) Sports Physiology (iv) All of these.
-